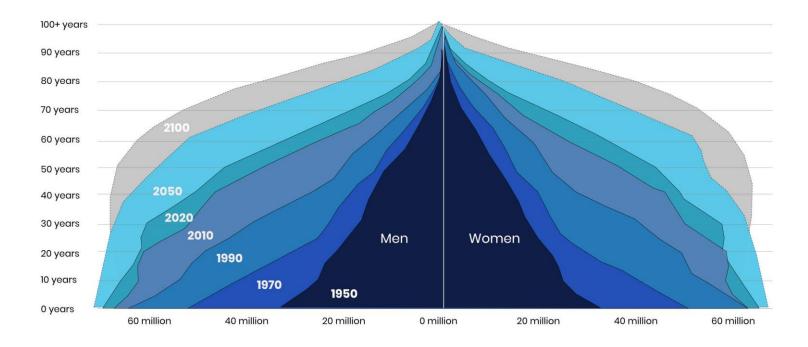
## Investing in Our Future Selves

Building a Better
Society for Healthier,
Longer Lives



Andrew J. Scott

# A Rising Population and an Ageing Society



World Population 1950 - 2100

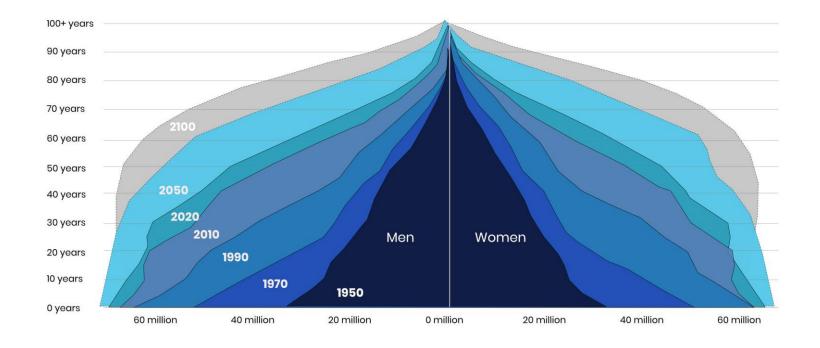
#### Malthusian Problems

"The power of population is so superior to the power of the earth to produce subsistence... that premature death must in some shape or other visit the human race"





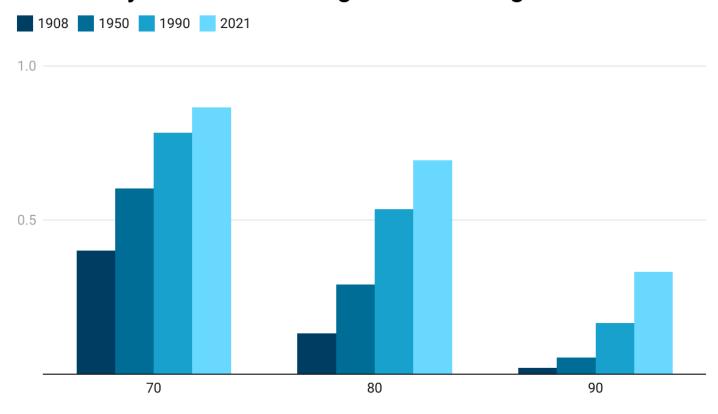
Instead of an Ageing Society think of a Longevity Society



World Population 1950 - 2100

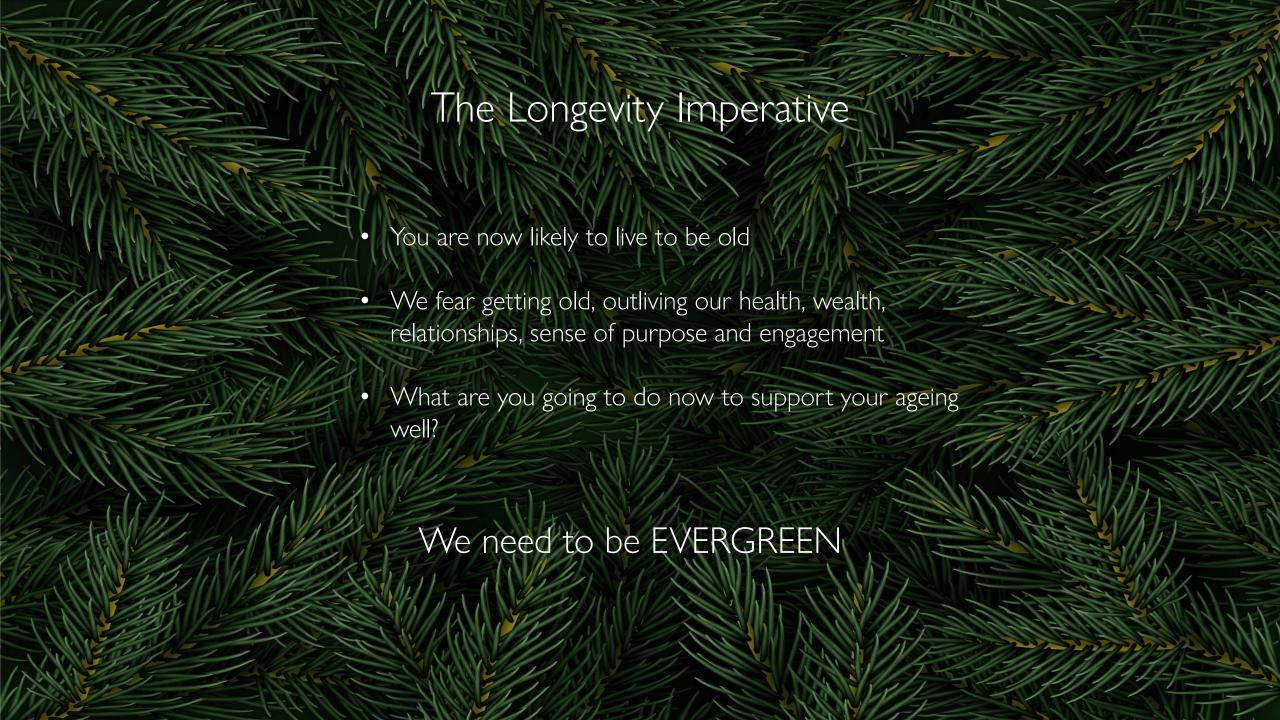
What has really changed is the young and middle aged can now expect to become the old

#### **Probability 20 Year Old Living to Different Ages**



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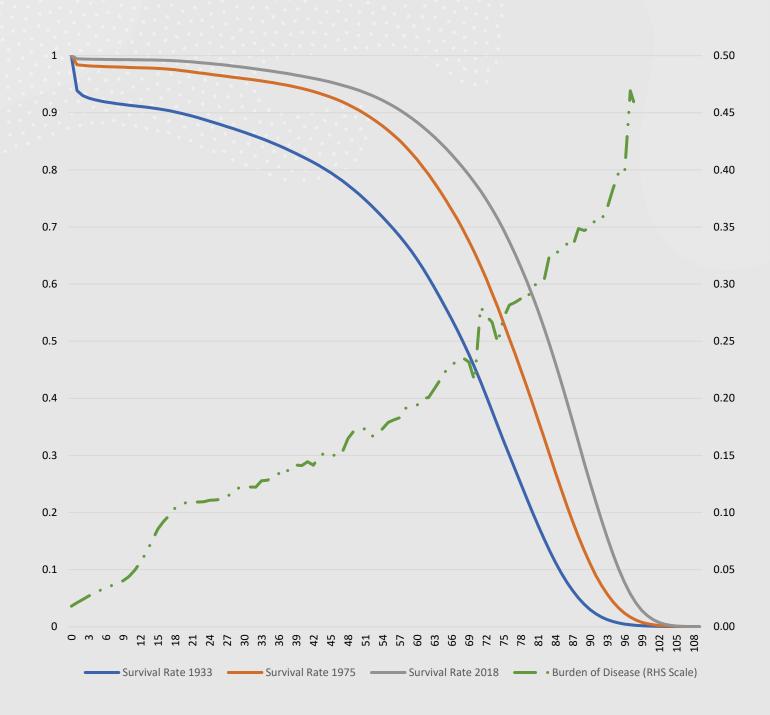


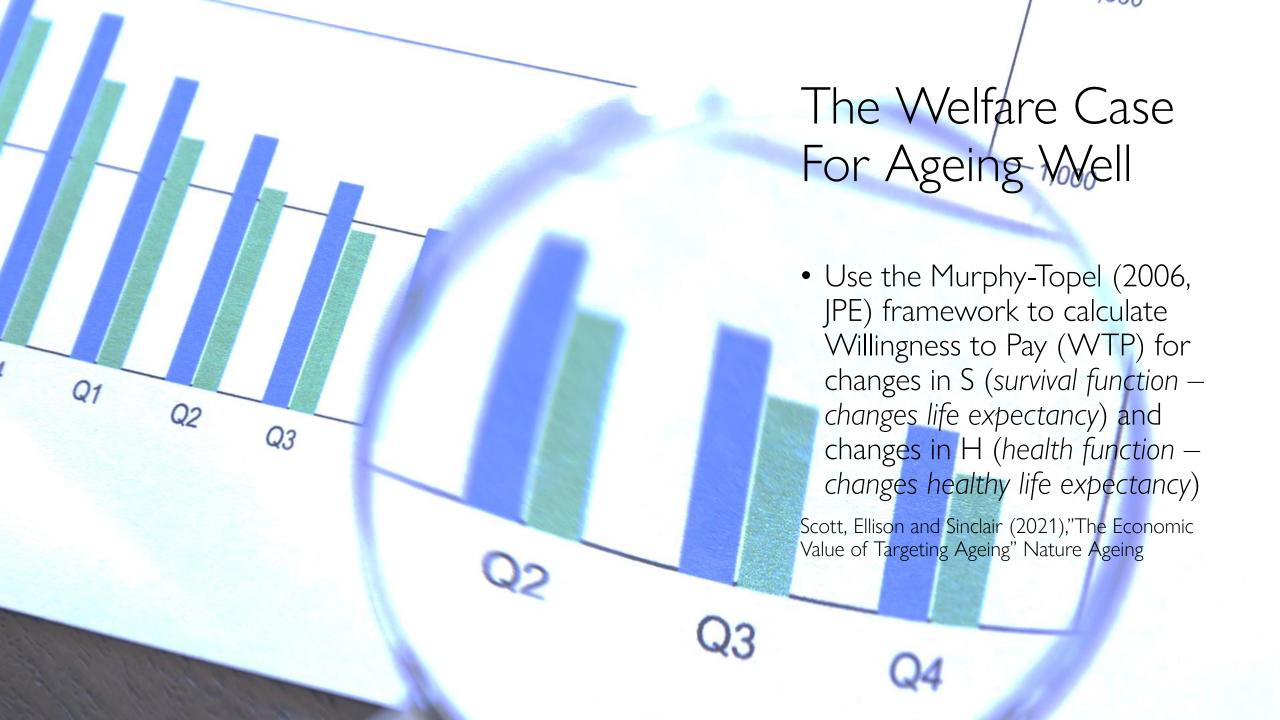


Focus on improving healthspan relative to lifespan

We have slowed the dying process

Now need to slow the ageing process







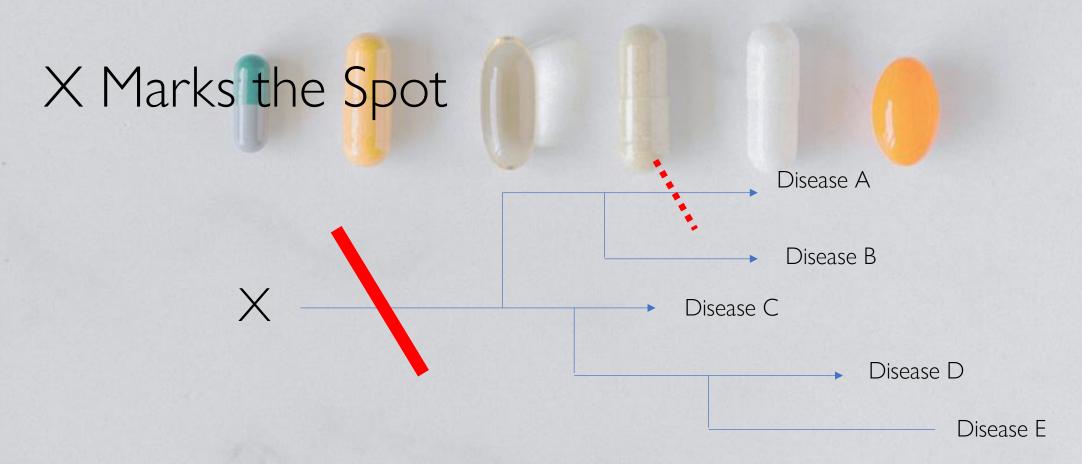
- The value of gains to life expectancy even with declining health are substantial — more time is good
- But if gains to life are spent in deteriorating health the value of extra years of life are diminishing
- Much more valuable is to improve health relative to life expectancy
- More valuable to ensure healthspan equals lifespan than to seek further gains to life expectancy



"Health is the state about which medicine has nothing to say"

W. H. Auden





What is your favourite candidate for X – Ageing? Rapamycin? GLP-1's? Exercise? Education? Income?

We need a measure of health to focus allocating health resources and drug development

#### Profound Change in Health System

- Prevention not intervention
- Outside current health system
- Innovation in prevention
- Blend ageing and health together
- Shift from disease model to focus on ageing and geroscience
- "Patient' has a huge role to play
- Won't spend less money spend the same or even more but to keep us well not to treat us while we ill

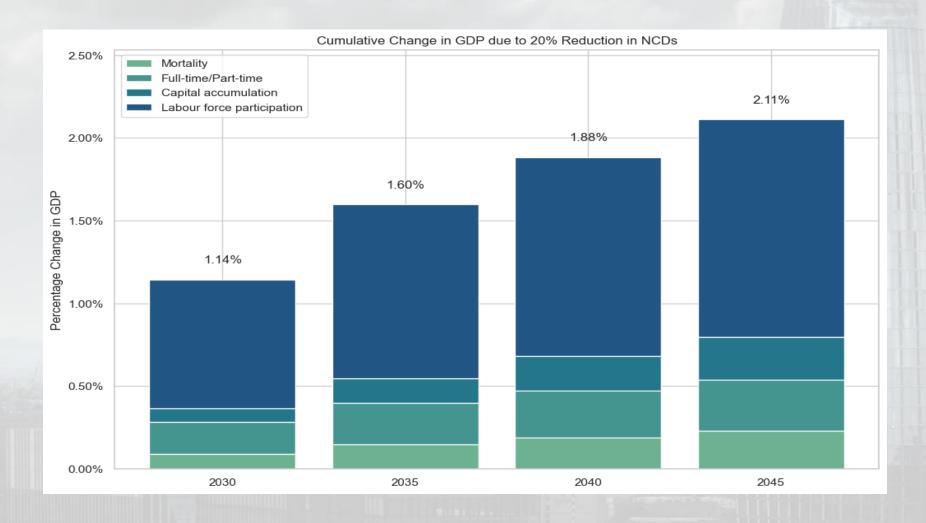


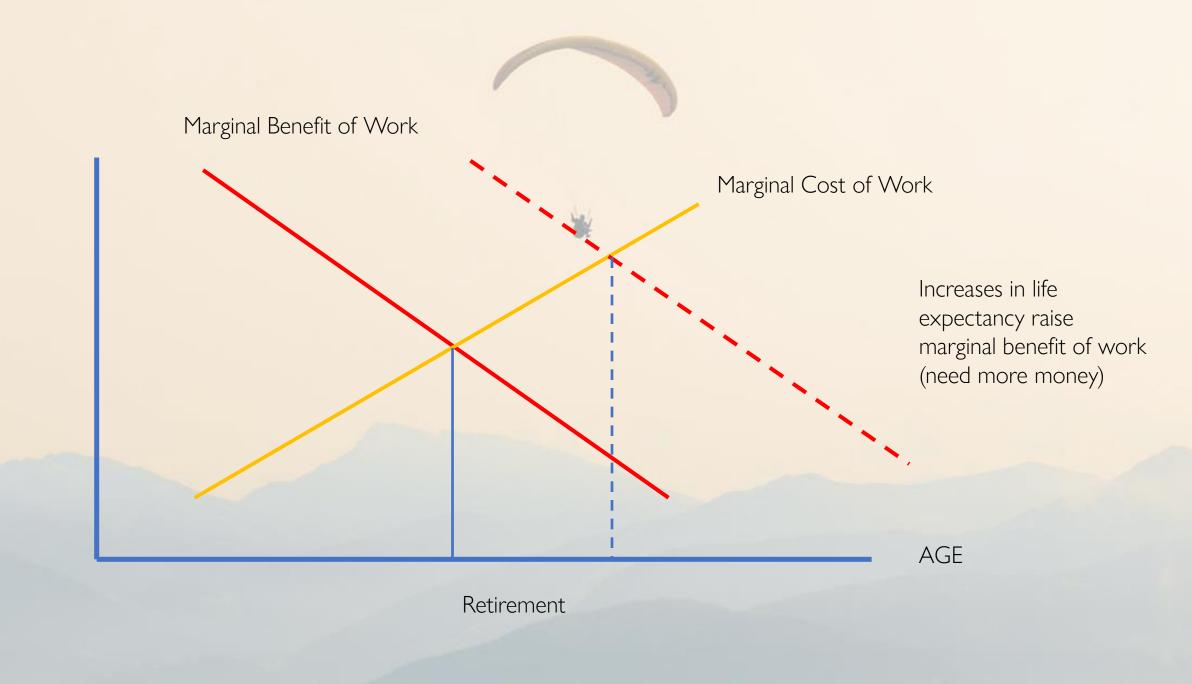


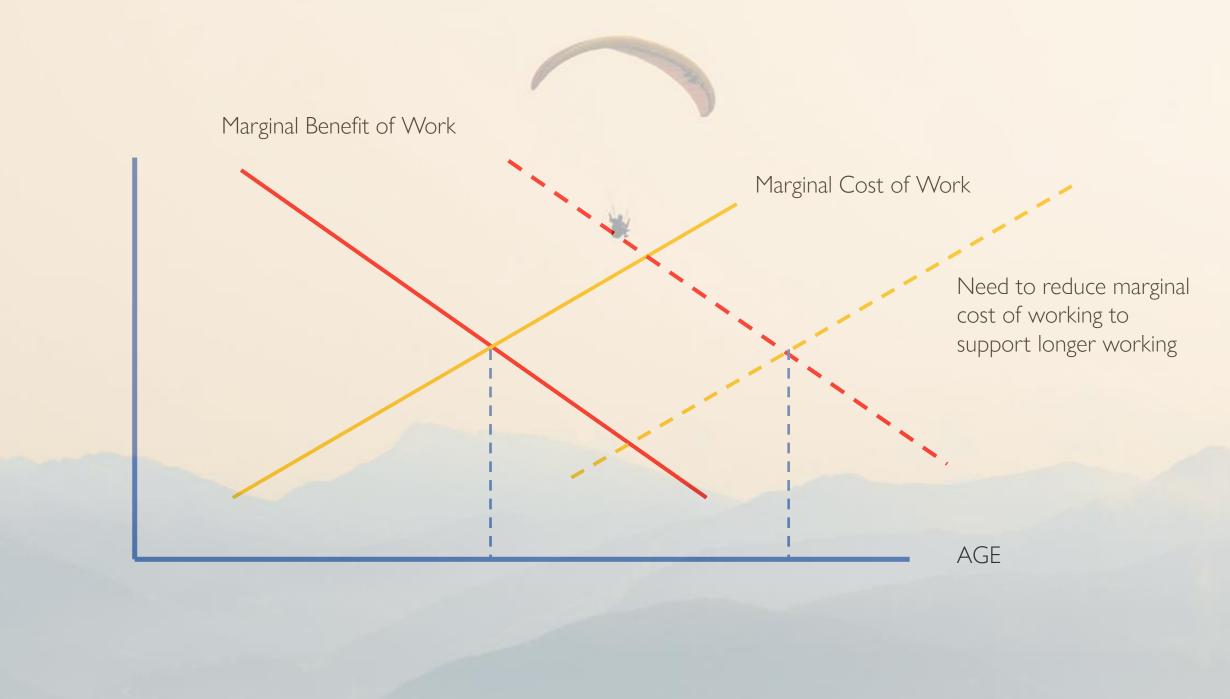




#### Impact of Reducing Chronic Disease on UK GDP









- Is your job age-friendly? (Active Labour Market Policies)
- Will your skills and motivation last? (Education)
- Multi-stage lives (end of three stage life)
- Retirement should depend on healthy life expectancy
- Avoiding gerontocracies and career blockages
- How to maintain innovation?

#### Retirement and Financing



Existing pensions very much a product of three stage life

Longer live requires more resources which is not the same thing as more savings (rate of return, depreciation)

Main need is to invest in human capital not financial capital — more resources, key to mitigating risk

For some, working longer will mean they need to save less (compounding)

Shift towards different distribution of leisure across the lifetime and more complicated pattern of accumulation and decumulation





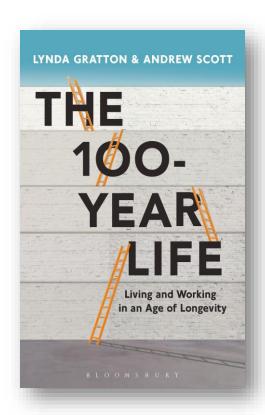


"People are often advised to 'prepare' for old age. But if that merely applies to setting aside money, choosing the place for retirement and laying on hobbies, we shall not be much the better off for it when the day comes"

Simone de Beauvoir







### Thank You

